

## LUNCH SERVED

MONDAY- FRIDAY 12.00PM TO 3.00PM

### Soup of the day

please ask your server .....7.90

1 (wheat)

### Express lunch

sandwich of the day, mug of soup and chips or side salad .....17.50

### Pan fried Glin Valley chicken Caesar salad

bay gem, Crowes bacon, Grana Padano, croutons, Caesar dressing

large 19.95 | small 13.95

1 (wheat) 3, 7, 12

### Daily pie

garden salad or chips .....13.95

### Super food salad

sprouting broccoli, avocado, quinoa, baby spinach, sunflower seeds, pumpkin seeds, chickpeas, pomegranate and tahini lemon dressing .....18.95

10, 11.

### Allergen Information

1= gluten

2=crustaceans

3=eggs

4=fish

5=peanuts

6=soybeans

7=milk

8=nuts

9=celery

10=mustard

11=sesame seeds

12=sulphur dioxide

13=lupin

14=moluscs

### Beer battered fish and chips

mushy peas, tartar sauce .....21.95

1 (wheat) 3, 4, 10, 12

### Kilmore Quay crab and tiger prawn linguine

roast cherry tomato bisque, chili and basil .....21.50

1(wheat) 2, 3, 4, 7, 12

## DESSERTS

### Vanilla ice cream

honeycomb, bitter chocolate sauce .....7.90

3, 6, 7

### Dark chocolate brownie

popcorn infused vanilla cream, caramelised buttered popcorn,

vanilla ice cream .....9.90

1(wheat), 3, 6, 7

### Irish coffee cremeux

dark chocolate mousse, mascarpone cream,

chocolate chip cookie.....9.90

1(wheat, barley), 3, 6, 7

### Passionfruit and mango posset


roasted coconut and almond sable.....9.90

1(wheat)3, 7, 8(almond)


### Irish cheese board

apple and pear chutney, grapes .....13.50

1 (wheat) 7, 12

 @TerraceCafeNCH

 01 417 0090

 nch@withtaste.ie

All our meat and poultry is  
100% Irish, locally sourced and  
is fully traceable from farm to  
fork.

Please ask your server if you  
have any dietary requirements